

The Rising Sun presents

"What's Fueling Your Brain?"

FREE Health Seminar
with Angela Shim, CNP

What are "Brain Allergies"
Ways to protect your brain from 7 brain drainers
5 essential brain booster nutrients to keep you in tip-top mental health



Date: Tuesday November 11, 2008 (RSVP PLEASE)
Time: 7 - 8 pm (store will be open for shopping afterwards)
Location: The Rising Sun Healing Arts Centre & Gift Boutique
10330 Yonge Street, Richmond Hill, Ontario L4C 5N1



Register with: Angela Shim - Vitality Coach, Nutritionist, Energy Medicine Practitioner
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